

精神科病棟における暴力行為に対する看護師の認識

～検討会を通して明らかになった認識の変化～

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Understanding of nurses in psychiatric wards about violence by inpatients

— Changes in the nurses' understanding through conferences —

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要旨

「精神科に勤務する看護師の 9 割は、あらゆる暴力行為を経験している」と言われている。A 病棟においても、暴力行為を受けたという言葉をよく耳にするが、暴力行為についての話し合いの場が持たれる事は殆どなく、同様の行為が繰り返し行われているのが現状である。そこで、調査を行ってみると約 3 分の 1 の看護師が自分は暴力を受けた事がないという意外な結果が明らかとなった。この矛盾した結果の原因を明らかにし、暴力行為の捉え方を再確認する必要性を感じ検討会を行なった。その結果、暴力行為の捉え方の違いが明らかとなり、看護師の暴力行為に対する認識に変化がみられた。鳥取臨床科学 3(2), 115-121, 2010

Abstract

It has been reported that approximately 90% of nurses in psychiatric hospitals have experienced distress due to violence by inpatients. In psychiatric Ward A, many nurses have had personal talks with each other about violent actions by inpatients; however, these acts of violence by inpatients have never officially been reported to supervising nurses and preventive measures have not been discussed. This has resulted in repetition of similar violent acts towards nurses. In the present study, a questionnaire survey conducted among nurses in Ward A indicated that one third of them had never experienced violence from inpatients, which was contradictory to their daily talks complaining of frequently experiencing such violence. To determine why this contradictory result was obtained and to promote better and deepened understanding about violence from inpatients, staff conferences were conducted in Ward A. As a result, variations in the understanding of violence was demonstrated among the nurses, which facilitated a change in their understanding about violence; that is, the nurses realized that there are many kinds of violence, including verbal, mental and sexual violence in addition to physical violence, and that all acts of violence should officially be reported and discussed in conferences. Tottori J. Clin. Res. 3(2), 115-121, 2010

Key Words: 暴力行為, 精神科看護, 看護師の認識; act of violence, psychiatric nursing, recognition and understanding of nurses

はじめに

精神科病棟に勤務する看護師は、患者との

日々の関わりの中で、様々な要因から暴力行為を受けていると言われている。鈴木ら¹⁾が行な