

精神科薬物療法における患者への情報提供の充実に向けた看護師の役割

－ 医師のアンケート調査結果より －

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Roles of nurses in satisfactory provision of information for patients on psychiatric drug therapies – A questionnaire survey to doctors –

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要旨

患者の服薬治療に関する知識不足の背景には、患者への情報提供が十分に行われていない、あるいは行われていても患者に理解されていない可能性が浮かびあがる。そこで医師へアンケート調査を行い、その結果から患者への情報提供の実態、情報提供や患者の情報理解が困難となっている理由を見出し、対応策を検討した。鳥取臨床科学 2(2), 148-153, 2009

Abstract

Lack of information on drug therapies individually administered to psychiatric patients is the result of unsatisfactory provision or their incomplete understanding of the therapies. To address this issue, a questionnaire survey was administered to seven psychiatric doctors who saw 29 patients in Hospital A. The questionnaire consisted of (i) disease notification, (ii) explanation of drug therapies, and (iii) policy of doctors on notification and explanation. Through this survey, we tried to clarify why the information had not been provided satisfactorily and patients had not understood the information completely. This basically derived from several patient issues, including lack of insight, strong denial of the true disease state, reduced cognition, and severe psychiatric symptoms and signs in an acute phase. In addition, psychiatric doctors had decided the best way to explain the disease state and drug therapies to patients, considering the explanation with the best advantage for patients, rather than presenting details of the whole truth regarding the disease state and drug therapies. As a result, we should practice nursing with closer communication with doctors on this matter. *Tottori J. Clin. Res.* 2(2), 148-153, 2009

Key words: 精神看護, 病名告知, 情報提供, 情報共有, 服薬指導; psychiatric nursing, disease notification, provision of clinical information, sharing of clinical information, patient compliance instruction

I. はじめに

昨年度の我々の研究¹⁾において、患者の服薬

中断の要因のひとつに服薬治療に関する知識不足が挙げられた。患者の知識不足の背景には、