

重症心身障害児(者)病棟の面会日における看護師のかかわりの再考

～面会日に対する家族の思いの調査を通して～

酒井宏美¹⁾ 吉村千鶴¹⁾ 岡野加代子¹⁾ 山本悦子¹⁾ 森原賀都子¹⁾ 猪口泰子^{1)*}

1) 国立病院機構鳥取医療センター看護部 6 病棟

Reconsideration of the participation of nurses in visiting days on the wards for children (persons) with severe mental and physical disabilities

– Based on a questionnaire study on thoughts about visiting days for their families –

Hiromi Sakai¹⁾, Chizuru Yoshimura¹⁾, Kayoko Okano¹⁾, Etsuko Yamamoto¹⁾,

Kazuko Morihara¹⁾, Yasuko Inoguchi^{1)*}

1) The 6th Ward, Department of Nursing, NHO Tottori Medical Center

*Correspondence: byoutou6@tottori-iryu.hosp.go.jp

要旨

重症心身障害児(者)病棟での面会日が、入院患者と家族にとって有意義な時間・環境となることを目標として、家族に面接調査を行い、面会日に対する家族の思いを分析し、看護師のかかわり方を再考した。その結果、家族の現在の面会日に対する要望が明らかとなった。本研究にて、家族が面会日に満足感を覚えるためには、看護師が患者にゆとりをもってかかわること、看護師から家族に声をかけ情報を伝えていくことが大切であることがわかった。本研究に取り組んだことで、面会日における家族の看護師に対する印象が、そのまま日々の看護師の患者に対するかかわりを判断することに繋がることを再認識する機会を得た。鳥取臨床科学 2(1), 26-29, 2009

Abstract

To develop positive visiting days on the wards for children (persons) with severe mental and physical disabilities that can provide meaningful opportunities and surroundings for the inpatients and their families, we interviewed the families of two inpatients. Two questions: (i) “What do you think about the visiting days?”, and (ii) “What do you think about the nurses involved in the visiting days?”, were asked. We then analyzed their thoughts on the visiting days and the nurses involved, and reconsidered how the nurses should be involved. As a result, we realized that, on the visiting days, nurses should have enough time to care for the inpatients, easing their own minds; say something to greet the families; and give enough information about the inpatients to the families. We should also be aware that the families tend to judge the daily relationship of nurses with the inpatients based on what they observe on the visiting days. *Tottori J. Clin. Res.* 2(1), 26-29, 2009

Key Words: 重症心身障害児(者), 面会日, 家族; children (persons) with severe mental and physical disabilities, visiting days, visiting families