

精神科病棟に従事する看護師の暴力対応の現状報告

～CVPPP の理論に沿って暴力体験、身体介入の実際、看護師心理を調査して～

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Current report on ways in which psychiatric nurses deal with violent patients
-Psychiatric nurses' experience of being assaulted, quality of physical intervention, and their
feelings investigated based on the theory of CVPPP-

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要旨

精神科病棟に従事する看護師は、時間や場所を問わず暴力に関わる場面がある。現状の暴力対応に対して不安なく行うことができているのか疑問に感じたため、アンケート調査を行った。暴力体験、身体介入の実際、看護師心理について得た調査結果から、暴力対応の現状が明らかになった。個々の経験に基づいた安全性が低い暴力対応や身体介入を行っていること、暴力対応後の心理的なアプローチ体制の不十分さが明らかとなった。CVPPP (comprehensive violence prevention and protection program) を継続学習する体制がないために、その場限りでの学習に留まっているため有効活用されていない現状があると考えられる。鳥取臨床科学 6(1), 1-6, 2014

Abstract

Nurses working on psychiatric wards are likely to encounter violent patients regardless of the time or place. In the present study, we administered a questionnaire survey of our nurses in order to clarify whether they are able to deal with such encounters without feeling anxious. The questionnaire inquired about nurses' experience of being assaulted, the quality of physical intervention they provided for patients, and nurses' feelings. As a result, nurses dealt with violence and conducted physical intervention in an unsafe manner based on their experiences, and psychological approaches were insufficiently adopted for them after suffering a violent incident. Although Hospital A has established a comprehensive violence prevention and protection program (CVPPP), it is not regularly conducted for nurses, which suggests that the program has not been beneficial for these healthcare providers. Tottori J. Clin. Res. 6(1), 1-6, 2014

Key Words: 包括的暴力防止プログラム (CVPPP), 精神科病棟, 暴力体験, 身体介入, 看護師心理; comprehensive violence prevention and protection program (CVPPP), psychiatric ward, experience of being assaulted, physical intervention, nurses' feelings

はじめに

精神科病棟では、時間や場所を問わず暴力