

精神科入院患者が望む看護

— 患者へのインタビューを通して —

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Nursing desired by psychiatric inpatients

— Through interviews with inpatients —

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要旨

本研究目的は、精神科入院患者が看護師の関わりや看護をどう感じているのか、その内容を明らかにし、患者が望む看護について考察することである。退院が決定した患者 3 名に半構造化面接を行い、意味内容の類似性による分類と命名をした。その結果、43 コードを抽出し、18 サブカテゴリに分類し、最終的に 6 カテゴリ「好感」「満足感」「安心感」「不快感」「拒否」「不満」にまとめられた。これらから、患者が看護師の積極的関心やこまめな訪室を望み、時間をとって話を聴いてもらったり、個別性に合わせた説明や対応により安心感や満足感が得られるという特徴が示された。鳥取臨床科学 4(1), 56-61, 2011

Abstract

The aim of the present study was to clarify what psychiatric inpatients think about the involvement of nurses in their care and nursing itself in the psychiatric ward, and to discuss what nursing the inpatients expect. Three inpatients whose discharge date had been determined, and who showed a GAF (global assessment of function) scale of 51 or higher, were selected for semi-structured interviews in the present study. Answers to the questions of what the inpatients thought about nurses on the ward involved in their care and their nursing were classified into 43 codes, 18 subcategories and 6 categories, based on similarities of the meanings of the answers. The final 6 categories included: (1) favorable impression, (2) satisfaction, (3) comfort, (4) discomfort, (5) refusal and (6) dissatisfaction. The results indicated that psychiatric inpatients ideally expect to have more solid comfort and satisfaction provided by nurses who are actively involved with them, visit them frequently, have enough time to listen to their complaints, and care for them according to their individual characteristics and needs. Tottori J. Clin. Res. 4(1), 56-61, 2011

Key Words: 精神科入院患者, 看護の関わり, 望む看護, 半構造化面接; psychiatric inpatients, involvement of nurses, desired nursing, semi-structured interview

はじめに

A 病棟は、慢性期の男女混合開放病棟であ

り、患者の 8 割が入院期間 1 年以上である。長期入院患者は感情表現が乏しく、自分の思いが