

精神科臨地実習の指導体制を考える

～看護学生の満足度調査を実施して～

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Consideration of a tutoring system of bedside training for student nurses

- Through a survey of satisfaction of students nurses -

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要旨

精神科臨地実習を受け入れる病棟として、看護学生がどのような期待と不安を持っているのか、それに対してどのような指導体制をとることが有効なのか考えた。看護学生が指導に対して感じていることを知る方法はないかと検討し、実習満足度の実態調査に取り組んだ。その結果を分析し、評価をもとに今後の指導体制の質の向上にむけ、継続点および改善点を明らかにし検討した。鳥取臨床科学4(1), 35-49, 2011

Abstract

Nurses in psychiatric wards should consider an appropriate tutoring system of bedside nursing training for student nurses. For this system to be effective, it is required to know the expectations and anxieties of student nurses in the face of bedside training and what type of tutoring system is appropriate to correctly guide student nurses while bedside training. To better understand what student nurses think about a tutoring system, the actual satisfaction of 20 student nurses in bedside nursing training in psychiatric ward B of Hospital A was investigated using questionnaire surveys before and after training. According to analysis and investigation of the results, training items that should be continued and improved were clarified and discussed to increase the quality of the tutoring system. The results revealed that orientation and conference, where student nurses can learn bedside nursing directly from nursing staff, satisfied the student nurses; therefore, we will continue the present methods of orientation and conference for bedside nursing training. By contrast, the student nurses had anxieties concerning communications with inpatients and were not satisfied with the instruction of how to communicate with patients. To improve the student nurses' satisfaction with our instruction, we need to provide constant guidance, consistently among the nursing staff. Tottori J. Clin. Res. 4(1), 35-49, 2011

Key Words: 精神科臨地実習, 看護学生, 実習満足度, 指導体制; psychiatric bedside training, student nurses, satisfaction in bedside training, tutoring system

はじめに

学生は、精神科臨地実習に対して多くの不安を抱えて臨んでいる。それは今まで実習にきた学生の事前レポートにも、「講義を聴いてい

て幻聴や妄想の理解が出来るだろうか」、「コミュニケーションがうまく取れるのか」、「精神科はどのようなところだろうか」など書かれていたことから分かる。